

COLLEGE NEWS

Tel : 01588 638257

www.ccbcshropshire.com



**TO SUCCEED
TO CARE
TO INSPIRE**

WHAT'S ON...

Upcoming Events

Week Commencing:

02-11-26

Week 1

Monday

- Year 11 Assembly

Tuesday

- Corndon + Kerry Ridgeway Assembly

Wednesday

- Long Mynd + Stiperstones Assembly
- CCBC Friends Meeting 6pm – Eco Building

Thursday

Friday



Is my child too ill for school?



Does your child have a high temperature (38°C or more)? **YES** Keep them off school until it goes away. **NO** Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	Cold sores Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	Impetigo They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	Ear infection If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	Conjunctivitis Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	Ringworm See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	Measles They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	Scarlet fever They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	Vomiting & diarrhoea Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	Chickenpox Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

HOW TO REPORT A SAFEGUARDING CONCERN

Parents – it is everyone's responsibility to safeguard children.

At the Community College, safeguarding is an essential part of what we do.

By reporting any concerns, you can help us keep our children and our community safe and protected.

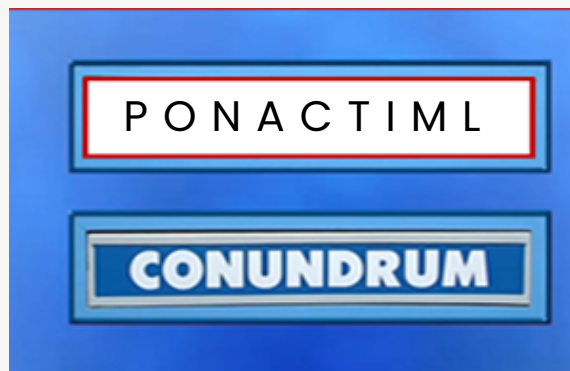
To report a safeguarding concern please email

one of our designated safeguarding leads:

- Andrew.Kirk@ccbcshropshire.com – Designated Safeguarding Lead, Assistant Headteacher
- Gill.Medicott@ccbcshropshire.com – Safeguarding – Online, Mental health
- Hannah.Morgan@ccbcshropshire.com – Head of Corndon House
- Lynda.Williams@ccbcshropshire.com – Head of Kerry Ridgeway House
- Matthew.Halstead@ccbcshropshire.com – Head of Long Mynd House
- Gillian.Wall@ccbcshropshire.com – Head of Stiperstones
- Natalia.Fialho@ccbcshropshire.com – Pastoral Support officer, Behaviour Support
- Reuben.Thorley@ccbcshropshire.com – Headteacher

What counts as a safeguarding concern?
Any concern for a student's wellbeing or health, no matter how small should be reported as it can help us build a bigger picture.

CONUNDRUM



The solution to last week's conundrum was COMPLAINT.

Well done to **Harriet M** (K4) and **Arthur W** (C2), for finding the correct solution to last week's puzzle.

This WEEK's conundrum is:
What is the longest word you can make from the following letters?
Can you find the 9-letter word?

Answers to Ms Natalia Fialho (Behaviour Support).

natalia.fialho@ccbcshropshire.com

Every entrant will receive **One House Point**.

PROMISE AUCTION

As you will be aware, we are holding a promise auction to raise money for the students here in the college. We have some amazing promises but I would really like to involve some more of our pupils in this event.

If you feel your child could make a promise of their own, it would be amazing to have them take part.

Here are some ideas about what they could promise:

homemade cakes, mince pies or savoury dishes
baby-sitting
two hours gardening
handmade crafts such as Christmas cards, decorations etc
two hours cleaning
creating a bespoke piece of art
ironing for an hour
walking a dog
delivering Christmas cards
cleaning a car
A music lesson
A language lesson
A football training session
A guided farm tour

This list is by no means exhaustive, any original ideas would be gratefully received.

Thank you in advance for your help,

Matthew Halstead

PE NEWS

Girls Netball

Congratulations to the KS3 Girls Netball Team on their outstanding performance at last week's South Shropshire Netball School Games Qualifying Tournament.

Our results included an 8-6 win against Lacon Childe School and a brilliant 14-2 win against Ludlow School!

Players of the tournament – Emma J and Erin B
– For scoring 30 goals between them!

Girls Football

Well done to the Year 7 and 8 Girls Football team for an excellent first performance together when they played against Church Stretton School earlier this week.

The 2-2 final result reflected the close and exciting game.

Player of the match – Erica G.L for outstanding defending!

Upcoming Sports Fixtures

Monday 9th November – Year 7 and 8 Girls Football. At Home v Shrewsbury Academy.
5pm finish.

Thursday 19th November – Year 7 Girls Football. Away at Oldbury Wells School.
5pm return.

VACANCIES



Head of Modern Foreign Languages Part Time 0.82 MPS/UPS plus TLR 2c Preferred start January 2027

The College is looking to appoint a Head of Modern Foreign Languages to provide strategic and curriculum leadership for our successful Languages department. We are seeking an enthusiastic, innovative, and highly effective teacher who can engage and inspire students of all abilities. The successful candidate will teach across Key Stages 3 and 4, demonstrate strong leadership skills, and have evidence of making a positive impact on student progress and outcomes. In addition, applicants may have the experience or potential to contribute to whole-school improvement and lead developments across other curriculum areas.

The post could also work as a job share with appropriate candidates.

Students have the opportunity to study two languages at The Community College, currently French and German, previously French and Spanish.

In 2026 our overall Attainment 8 score was 4.5. In 2026 students studying French achieved 50% grade 4 and above and Spanish achieved 41% grade 4 or above. In 2025 students studying French achieved 80% grade 4 and above and Spanish achieved 55% grade 4 or above. This is an opportunity for the right candidate to have a significant impact on the structure and delivery of the languages curriculum at The Community College.

The Community College Bishop's Castle is a popular rural secondary school, which provides our community with good to outstanding development, learning and progress in a positive, pleasant learning environment. We were described by OFSTED as having a "committed staff team" that is "determined to create a positive learning culture". All judgements were good.

Our well-behaved students respond positively to our hard-working and highly committed staff. They achieve well and leave the school with results that are above the national average. You will be joining the school at an exciting stage of its development.

Application form and job description are available on the school website [Vacancies | The Community College, Bishop's Castle](#). If you would like to discuss the role please contact from Mrs R Newbold, PA to the Headteacher, at Rebecca.Newbold@ccbcshropshire.com or 01588 638257.

Closing date: Thursday 12th November 2026 12 noon

Interviews: w/b 16th November 2026

We reserve the right to close and interview earlier if sufficient applications are received so encourage early applications.

This College will safeguard and promote the welfare of students and expects all staff and volunteers to do the same. If you are successful, a DBS check will be undertaken.



STUDENTS OF THE WEEK

Jude E - For kind words of support for others.

Olivia W - A ray of sunshine, who is always so enthusiastic and kind.

Chloe N - For showing such compassion and kindness for those around her at all times.



STAFF OF THE WEEK

Mr Taylor - For going above and beyond to learn Shakespeare texts to support students in English.

Mrs Russell and Mr Sharp - For all of the efforts supporting students and staff in the English department.



CCBC FRIENDS



We are reaching out with a small request that could make a big difference to our students. At a recent PTA meeting (CCBC Friends), we realised that many families may have spare stationery or scientific calculators tucked away in drawers at home – items no longer needed but still in good working order.

If you have any scientific calculators your family is no longer using, we would be very grateful if you could donate them. Please bring any working calculators into school reception.

Similarly, we would welcome donations of basic stationery such as pens, pencils, rulers, protractors, and other everyday supplies.

The school spends a significant amount each year replenishing these essentials, and your contributions would help ensure that all students have what they need for their learning.

Even small donations make a meaningful impact, and the school would appreciate your support.

CLUBS

Football In The Cage

Monday:	Free use, all year groups football
Tuesday:	Y7 Girls Football run by Orla, Dom, Elena & Jude
Wednesday:	Y7 Girls and Boys football
Thursday:	Free use, all year groups football
Friday:	Y7 Boys run by Herbie, Jake and Bude

MUSIC Club



Monday and Tuesday lunchtime

E8 - Miss White's room

Lunch Clubs

with Rev Nick now
'F6 - Mr Sharp's Classroom'

Wednesday DEBATE CLUB

Friday Chaplaincy drop-in with questions



Join in the fun every week with friends & make friends

Diocese of Hereford YOUTH HUB

REVISION

YEAR 11 REVISION TIMETABLE: SEPT – DEC 2026-7

1 MONDAY	1 TUESDAY	1 WEDNESDAY	1 THURSDAY	1 FRIDAY
Maths (UR/BE)	Option A only Food in H4 History in F7 Media in A10 Triple Science in D7	Science (all groups)	English 11KR/ES	Option D only Art in H2 French in A8 Spanish in A9
2 MONDAY	2 TUESDAY	2 WEDNESDAY	2 THURSDAY	2 FRIDAY
Maths (LO/AL)	Option C only Art in H2 BTEC Sport in A10 GCSE PE in B3 Triple Science in D4	Option B only BTEC DIT in H1 Drama in Eco Building History in F6	English 11KAR/ECS	

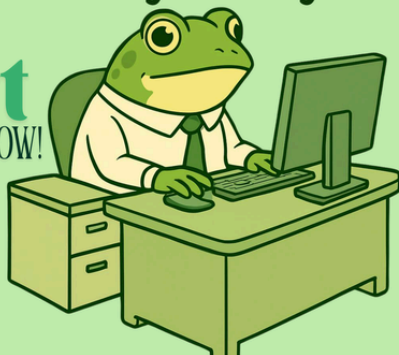
CAREERS

Year 10 Work Experience 2027

Week 1: 26th April – 30th April

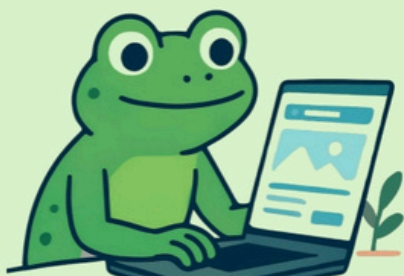
Week 2: 4th May – 7th May

Start
LOOKING NOW!



How to use UNIFROG

- Step 1: Open UNIFROG website
- Step 2: Log in using school email and Password
- Step 3: Scroll to bottom of first page
- Step 4: Find purple box containing word 'placements'
- Step 5: Click 'add placement' to fill in all the necessary details



INTERESTED IN A CAREER IN RADIOGRAPHY?

NHS
The Shrewsbury and
Telford Hospital
NHS Trust



We would like to invite you to our taster sessions in our radiography department, where you will gain an insight into the department and find out more about the training and job opportunities which exist.

You must be 16+ to apply

Date: 21st November 2026

AM Session- 09:30 – 11:30

PM Session- 12:00- 14:00

Venue: Royal Shrewsbury Hospital

Booking is essential as places are limited: For further information or to book a place please email

francisca.bempah@nhs.net



Our Vision: To provide excellent care for the communities we serve

CAREERS



COLLEGE OPEN DAYS 2026/ 27

Our Next Open Event

Saturday 7th November
10.00am - 12.00pm

Book your place at hlnc.ac.uk

Our Next Open Event

Saturday 7th November
10.00am - 12.00pm

Book your place at hlnc.ac.uk

Year 10 & 11 Students * Explore your future * Discover courses * Plan your next steps

*****Most events require you to book online*****



School Leaver Roadshow Shrewsbury 2026

Mon 21 Sep 2026, Multiple times
Cineworld Shrewsbury, SY3 7ET



English & Welsh Bridge (A Levels) – **Thursday 15th & Tuesday 20th October**
5-7pm.
London Road (Vocational / T Levels) – **Thursday 22nd October** 5-7pm



Ludlow 6th form College:

Hereford College:

Holme Lacy College:

Walford College:

Tuesday 13th October & Tuesday February 23rd

Sat 7th November / Wednesday 13th January / Tuesday 2nd March/

Sat 7th November & Saturday 17th April

Saturday 17th October / Saturday 6th February / Saturday 13th June



Sat 26th Sep/17th Oct/**28th Nov** /30th Jan /20 March /24 April



Sat 17th October



Wed 18th November/13th January /17th March /16th June: 4.30-7.30

For more information speak to Clair, the College Careers Adviser, visit college websites and / or CCBC careers page @ [Careers 1](#)
[Community College, Bishop's Castle](#)

2026/27

Open events

Don't miss out

Explore our campuses and discover your perfect course.

2026 TUESDAY 13 OCT	Ludlow Sixth Form College Open Event 5.00pm - 7.00pm	2027 SATURDAY 16 JAN	Ludlow Sixth Form College Open Event 10.00am - 12.30pm
2026 SATURDAY 7 NOV	Herefordshire College Open Event 10.00am - 12.00pm	2027 TUESDAY 23 FEB	Ludlow Sixth Form College Open Event 5.00pm - 7.00pm
2026 SATURDAY 7 NOV	Holme Lacy College Open Event 10.00am - 12.00pm	2027 TUESDAY 2 MAR	Herefordshire College Open Event 5.00pm - 7.00pm
2027 WEDNESDAY 13 JAN	Herefordshire College Open Event 5.00pm - 7.00pm	2027 SATURDAY 17 APR	Holme Lacy College Open Event 10.00am - 12.00pm

WAKE UP WEDNESDAYS

WHY 'KINDNESS MATTERS' & HOW DOING GOOD DOES YOU GOOD

'WE MAKE A LIVING BY WHAT WE GET. WE MAKE A LIFE BY WHAT WE GIVE.'

SIR WINSTON CHURCHILL

THE FOCUS FOR THIS YEAR'S MENTAL HEALTH AWARENESS WEEK IS 'KINDNESS MATTERS'. IT IS AN OPPORTUNITY TO LOOK INTO THE BENEFIT OF HELPING OTHERS WHICH IS GOOD FOR IMPROVING OUR OWN MENTAL HEALTH AND WELL BEING. HERE ARE SOME IDEAS TO GET YOU THINKING.

ALTRUISM

Altruism is acting in someone else's best interests in order to improve their welfare. When we feel compelled to donate money, shop for someone, call a relative in need or help a neighbour, we are considering the needs of others even when we may not know them. Showing kindness like this, often motivated by empathy, creates a sense of purpose, making us feel good and developing our wellbeing. Children and young people can take part in altruistic activities at home or school. They could create a video for those in isolation, fundraise for a local cause, bake cakes for neighbours or write letters to older members of the community who may feel isolated.



GENEROSITY

In the context of kindness, being generous with our time, resources and words can provide a low-cost approach to helping others. A generous act is accessible to all. Giving compliments, for example, are a well-researched way of creating a sense of wellbeing and positivity in a community at school or with family. It helps us to recognise the positivity in others as we actively choose to notice and comment on what is valuable and meaningful in someone else. When compliments are given regularly, consistently and with meaning, the community benefits are far reaching!



GIVE TO GIVE, NOT TO RECEIVE

Sometimes when we are kind there is no payback, which can make it more difficult to keep being kind. Our natural reaction is to shrink back and withdraw our kind act, feeling frustrated that it has either not been reciprocated or that it has not been valued. This is probably one of the most difficult concepts for children to understand and where the 'random acts of kindness' approach is helpful. If it is a random act then it is 'just because' and for no other reason than a one-off act for someone.



HOLDING OTHERS IN MIND

By holding someone in mind we show that we have been thinking about them and that they matter to us. This act of kindness is so important now, more than at any other time, due to isolation. A simple text to say 'I saw... on the telly last night and it made me think of you' or a quick call to say 'I was just thinking about you yesterday and was wondering how you're doing?' can mean so much. We probably all do this naturally as part of showing kindness and care to others, but perhaps may not appreciate the importance of this for wellbeing.



COMMUNITY

When we help others in our community, it improves our wellbeing by helping us to feel less isolated as we connect with others. When we show kindness, it is something which we feel we can control, particularly when things may feel a bit chaotic and unusual. Helping others can often give us a different perspective on our own challenges and our own problems. Peer support, for example, is often overlooked as an important part of improving wellbeing. Older students can often greatly benefit from sharing similar, shared experiences and can offer a level of empathy and understanding that adults may not be able to.



KINDNESS WITH CAUTION

There is a very helpful analogy that is used when we are in an emergency, 'we should put our own oxygen mask on before putting on someone else's'. What's helpful here is that giving to others can often improve our mental health and wellbeing. However, there are times when helping others can create stress or overwhelm us. This is sometimes called 'compassion fatigue'. So, we must balance our own wellbeing with the wellbeing of others. We should notice if we start to feel resentful or negative or if we start avoiding others, have difficulty concentrating or start experiencing unusual sleep patterns. If this happens it's a good time to take a break or ask someone for help or support.



'KINDNESS IS A SILENT SMILE. A FRIENDLY WORD. A HUB OF ENCOURAGEMENT. KINDNESS IS THE SINGLE MOST POWERFUL THING WE CAN TEACH CHILDREN.'

RA KATVIST

The National College

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



For further info, check out these online resources:

<https://www.mentalhealth.org.uk/blog/random-acts-kindness>

<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week/get-involved>

Web: www.thenationalcollege.co.uk | Email: enquiries@thenationalcollege.co.uk | Facebook: [@thenationalcollege](https://www.facebook.com/thenationalcollege) | Twitter: [@thenatcollege](https://twitter.com/thenatcollege)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 22.05.2020

NOTICES

Understanding Your Child
A group for dads, grandads and any male carer of children and teens

"I met others going through the same things. It really helped me feel less alone."
"The group boosted my confidence as a parent."

Join our friendly, relaxed group!
Parenting can be challenging, whatever age your child is. This group offers practical ideas, straight-talking support, and a chance to hear what has helped other parents in real life.
Join Peter and Tracy from the Parenting Team and other parents and carers, to explore what's happening for your child, understand tricky behaviour, and pick up simple strategies to make family life feel calmer and more manageable.

Upcoming Sessions
• Starts Tuesday 22nd September 2026, 5.00pm to 7.00pm in Shrewsbury – venue to be confirmed
The group meets once a week over 10 weeks, excl. half terms and bank holidays with the last session being on Tuesday 1st December 2026.

What We'll Talk About
• Communicating and building connection with your child
• Routines like sleep and bedtime and any other routines you have as a family
• Understanding behaviour and big emotions
• Child development and how you can support it

Want to Join Us?
Email: parenting.team@shropshire.gov.uk
Call: 01743 250950
Visit: [The Parenting Team | Shropshire Council](#)

Prefer flexible online learning?
Try our free online learning pathways at
[Becoming Togetherness - Togetherness](#)




Understanding Your Child with SEND
From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."
"The group boosted my confidence as a parent."

Join our friendly, relaxed group!
Join our friendly, free group for parents and carers of children with SEND. Connect with others, deepen your understanding of your child, and explore what's going well and what you'd like to change. Small changes make big differences!

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)
• 22nd September 2026 from 5.00 to 7.00pm Online via MS Teams
• 25th September 2026 from 9.30 to 11.30am Online via MS Teams
SEND groups are for parents/carers of children who may have special educational needs or disabilities. No formal diagnosis is needed.

What We'll Talk About
• Communication and building confidence in your relationship with your child
• Exploring routines such as sleep and bedtime
• Understanding behaviour and emotional regulation
• Child development and ways you can support it

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October Half Term - Free Morrison's Cafe Breakfast



- Breakfast Clubs' are back to help kids and grown-ups enjoy a free Kellogg's breakfast during October Half Term at all Morrisons Cafés nationwide
- Initiative aims to ease money worries during school holidays
- Families visiting their local Morrisons Café throughout the October half term holidays can enjoy a free 'Kellogg's Breakfast', which includes a bowl of cereal and a portion of fruit. The best part, it's not just for kids, adults get to eat completely free too.
- Both kids and adults can choose from much-loved favourites Corn Flakes or Rice Krispies, topped with their choice of dairy or non-dairy milk and a free apple or banana. The October holiday offer will be available from 12th October to 1st November across all Morrisons Cafes nationwide. The research also highlighted that alongside the financial strain, parents are also dealing with the repetitive demands of children at home during the holidays. Parents reported hearing the following phrases every day of the school holidays (between at least 1-5 times a day) – driving up the pressure to entertain, as well as keeping them fed.

Free Sleep Tight Groups

"It's been eye opening to see how many different things can affect children's sleep. I have learnt so much and now have new ideas to try out."
"I feel more confident in bedtime routines, and less alone in the fact my child struggles with sleep"

Join our friendly, relaxed group!
We all know how important a good night's sleep is for your child's growth and development. When children sleep well, it helps them do better at school, react more quickly, build stronger memories, and learn and solve problems more effectively. It can also help them stay healthier, feel less irritable, and manage their behaviour more positively.
There are many different factors that can affect your child's sleep, and it can sometimes feel hard to know where to start. Join us to learn more, share experiences, and pick up helpful tips to support your child in getting the rest they need.

Upcoming Sessions (once a week over 5 weeks, excl. half terms and bank holidays)
24th September 2026
Sleep Tight Group
from 9.30 to 11.30am
Virtually via MS Teams
or
12th November 2026
Sleep Tight SEND Group
from 9.30 to 11.30am
Virtually via MS Teams

The SEND groups are suitable for parents/carers of children who have special educational needs and disabilities, no formal diagnosis is needed to attend our groups.

What We'll Talk About
• Benefits of good sleep for our health and emotional wellbeing
• Sleep and bedtime routines for the whole family
• Sleep diaries
• Nutrition and food and their impact on healthy sleep and bedtime routines
• Meet other parents/carers to share and discuss experiences

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Understanding Your Child
From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."
"The group boosted my confidence as a parent."

Join our friendly, relaxed group!
Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)
• 21st September 2026 from 9.15 to 11.15am at Brown Clee Primary School, Bridgnorth (WV16 6SS)
• 21st September 2026 from 9.00 to 11.00am at St Giles Primary School, Shrewsbury (SY2 5NL)
• 22nd September 2026 from 12.45pm to 2.45pm at Sanderne Infants School, Shrewsbury (SY1 4QN)
• 23rd September 2026 from 9.15 to 11.15am at Coleham Primary, Shrewsbury (SY3 7EN)
• 23rd September 2026 from 1.15 to 3.15pm at St Laurence Primary School, Ludlow (SY8 1TF)
• 24th September 2026 from 1.00 to 3.00pm at Bishop's Castle Primary School (SY9 5PA)
• 25th September 2026 from 12.30 to 2.30pm Online via MS Teams

What We'll Talk About
• Communicating and building connection with your child
• Routines like sleep and bedtime and any other routines you have as a family
• Understanding behaviour and big emotions
• Child development and how you can support it

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NOTICES

**Come and Sing
Choruses from
Mozart's Requiem**
Saturday 7th November 2026

10.30am – 3.30pm

Ludlow Assembly Rooms

**£16 per participant / under 25s free
Bring own Lunch and Music***

Book @ www.ludlowassemblyrooms.co.uk or
contact: ludlowchoralsociety@gmail.com



*vocal score available if needed

BISHOPS CASTLE LEISURE CENTRE

Become a Lifeguard this October! 🏊‍♂️

We're running a National Pool Lifeguard Qualification (NPLQ) course at SpArC Bishops Castle Leisure Centre and spaces are now available to book.

Course Dates: Monday 26th October - Saturday 31st October (9am - 5pm)

£275 per candidate**

Candidates must be aged 16+ on the day of assessment (31st October)

Spaces are limited and a swim test is required before securing your place.

Contact the centre on 01588 630243 or via our website

**The SpArC Charity will donate £100 to each successful candidate who meets its selection criteria.



THE HANDOVER

The Handover is as much a ritual as it is an ensemble. The trio, consisting of Aly Elssa (oud, Egypt), Nymen Asfour (violin, Egypt), and Jonas Cambien (vintage organ/synth, Belgium/Norway), is blessed with a near-telepathic musical sensitivity that renders each live performance a singular, nuanced experience, proving deeply despite the absence of percussion.

Inspired by the hypnotic, trance-inducing music of Egypt's Nile Delta, fueled by kraut-like riffs and the intensity of '60s avant-garde jazz, and channelled through rough improvisation, The Handover's sound is veritable psychedelia. It is at once futuristic and primordial, yet, with the utter urgency of its testament, it demands lucidity.

One long musical voyage that swells and builds without break; three musicians shaping an acoustic world with only their instruments. A set composition that invites space for play, shifting slightly each time with the improvisational nuances of the musicians. This is what one can expect from a Handover show.

Since its beginnings, The Handover has gained a strong live reputation with performances at Rewire Festival in The Hague, Countertowns Festival in Glasgow, BROCSST Festival in Brussels, Jazzfest Berlin, Copenhagen Jazz Festival, Moynard Festival, Oslo World Festival, and clubs across Europe, the UK, and Egypt.

NICK JONAH DAVIS

A solo instrumental guitarist from Nottingham, England. He has been acclaimed as 'Probably the finest solo guitar player in the land', delivering 'a high-wire act that very few guitarists could pull off'. Nick's music is based fundamentally in British folk, but also incorporates elements from American Primitive, Indian Classical music, free improv and a host of other sources. The resulting blend has been aptly described as 'a highly spirited series of wordless tales', captivating audiences in the UK, USA and Europe.

SPARC THEATRE - BISHOP'S CASTLE
OCTOBER 29 - 19:30 - £12/£5
SPARC, BRAMPTON RD, BISHOP'S CASTLE SY9 5AY
SPARCTHEATRE.CO.UK
01588 630038



TINTYPE POP-UP
BISHOPS CASTLE - STARS SHOP

20% OFF IF YOU DRESS UP

1850s Photographic Studio
Sunday 25th - Tue 27th Oct
HALLOWEEN
Couples £50 / Individuals £40
www.oliverwilkins.com

BISHOP'S CASTLE COMMUNITY
FOOD BANK

MORE THAN A FOOD BANK

As well as a food bank and community café, we also provide several drop in sessions throughout the month, providing access to vital services, and support.

Café & Play Area - every Tues & Thurs
Early Years Support - once a month
Citizens Advice Bureau - twice a month
Trained Nurse - once a month

NO REFERRAL NEEDED - JUST DROP BY
Phone: 07773 006 413

Campaign to Protect Rural England
Shropshire

Hedgerows in the Hills For Kids!

Saturday 24 & Sunday 25 October 2026, 10-4
Acton Scott Heritage Farm, Church Streeton

We are delighted to have received a grant from the Shropshire Hills National Landscape Conservation Fund to deliver free children's nature activities for this event.

Welly Wanders
Cath Landles will be leading Welly Wanders for children and families looking at the hedges on the farm site and doing some fun Nature ID.

Welly wander timings each day:
11am and 2pm (wanders last about one hour)
Gather at the Play Tent to start.

There will also be drawing, colouring and other paper-based activities under cover in the Play Tent, and a chance to try on a wild animal costume.

Be a Dormouse Detective!
Lucy Grove will open the Dormouse Detection Den in the New Shepherd's Hut near the heavy horse working area.

Here you can step into the secret and fascinating world of dormice and become a wildlife detective. Discover the clues dormice leave behind—from nibbled nuts and natural nests to tiny footprints—and learn how to spot these elusive creatures in the wild. Get ready to put your detective skills to the test and see if you can uncover the hidden signs of a dormouse.

Big Hedge Hunt Try your hand at finding and solving the clues in the hedges as Action Score which lead you to the ultimate treasure! What will you find?

More info & tickets: www.cprshropshire.org.uk/tickets

Shropshire Hills National Landscape

MAKE IT BEAUTIFUL?
THEATRE CO.

★★★★★
London Box Office
★★★★★
Audience in Shropshire

NAG'S HEAD

Welcome to The Spookiest Pub in Shropshire...

Armed comedy by Gabriel Fogarty, Graeme & Nicky Goughier

"This young troupe brings the chaos and the charm."
- Broadway Baby

Saturday 31st October, 7.30pm
Ticket: Adult £12, Child £5
SpArC Theatre, Bishops Castle, SY9 5AY
Enquiries: 01588 630038
www.artsallive.co.uk

Teaming with arts allive

HALF TERM
Writing Workshops

Write your own chiller (age 10+)
Mon 26 Oct
2-3.30pm
Writing workshop with award-winning writer, Liz Hyder. **£10**

My Big Mouth (ages 8-12)
Wed 28 Oct
11-12pm & 2-3pm
A collaborative story making workshop with Steven Camden. **£7.50 (2nd child £2.50)**

Book: 01584 878141 | ludlowassemblyrooms.co.uk